



Hello All,

Thank you for your interest in the Shrewsbury AAU Colonials program. 2019 will be the third season for the Colonials 13U team and we are excited about the following plans:

- This is a critical year were the players transition to the full-size (60/90) diamond.
- Play in either the EBL (Eastern Baseball League) or New England AAU League in 2019
- Games will be double headers on either Saturday or Sunday between late March to early June
- Our schedule will allow for 25 to 30 games during the regular season. Home field in Shrewsbury
- The team will fund/play in at least 1 tournament, location to be determined
- Once-a-week indoor practices will begin in early January at a local baseball facility (planning on Hit Quarters at Shrewsbury Athletic Club)
- Qualified hitting and pitching instructors will work with the players during the off-season training program on separate evenings. We plan to bring back Ed Riley (ex-Red Sox pitcher and head coach at St. Peter Marian High School)

The Colonials are a non-profit, volunteer organization for the sole purpose of developing local baseball player's skills, abilities, teamwork, and love of the game. The emphasis is teaching and reinforcing fundamentals from an offense, defense and overall baseball perspective.

- Hit & run
- Leading, stealing and proper base running
- Working counts to an offensive advantage for both hitting and base running
- Proper balance and technique for infield and outfield
- Cutoffs from both the infield and outfield perspective
- Pickoffs and coverages of all bases
- Fielding bunts, double plays
- Handling adversity
- Practice and game decorum

We will be able to set this schedule, provide some unique developmental "Hit Fit" cross training sessions, with uniform, apparel and helmet for approximately \$1,700 per player. Please know every dollar is being spent on behalf of the boys as this is a non-profit initiative. Our program allows the boys to play in a highly competitive environment with **little to no interference to the town baseball league.**

If your son wishes to tryout in late July, please connect with us using the contact information below. Players will be evaluated for available roster spots and notified of results shortly thereafter.

Regards,

Chris Marques (508) 579-2537 [chris.marques@allscripts.com](mailto:chris.marques@allscripts.com)



# Shrewsbury Colonials

## 13U AAU Baseball Program

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2019 Tryout Registration and Waiver Form

July 21, 2018 @ 9:00am Upper Dean Field, Shrewsbury

Player Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Email(s) \_\_\_\_\_

Telephone: Home (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Cell (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Parent/Guardian Name(s) \_\_\_\_\_

Position #1 \_\_\_\_\_ Position #2 \_\_\_\_\_ Bat: Rt Lt Both Throw: Rt Lt

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### Waiver of Liability, Release, Assumption of Risk & Indemnity Agreement

The Participant and/or participant's parent(s)/guardian(s) acknowledge, understand and assume all risks inherent with participating in this program/tryout.

I, the parent/guardian of the above listed player, hereby give my consent for their participation in "Shrewsbury Colonials" program/tryouts. Also, I hereby release, indemnify and agree to hold harmless "Shrewsbury Colonials" and any of its directors, officers, coaches, agents, affiliates, sponsors, and associated personnel against any legal claim by or on behalf of the participant as a result of participation in the program. I also give my consent for all medical care prescribed by a medical doctor, EMT or nurse to preserve the physical well-being of my child.

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date

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*"It's hard to beat a person who never gives up!" —Babe Ruth*

**Send completed registration to Chris Marques (preferred by email):**

450 Walnut Street Shrewsbury, MA 01545

chris.marques@allscripts.com (508) 579-2537



# Shrewsbury Colonials

## 14U AAU Baseball Program

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2019 Tryout Registration and Waiver Form

July 21, 2018 @ 9:00am Upper Dean Field, Shrewsbury

Player Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Email(s) \_\_\_\_\_

Telephone: Home (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Cell (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Parent/Guardian Name(s) \_\_\_\_\_

Position #1 \_\_\_\_\_ Position #1 \_\_\_\_\_ Bat: Rt Lt Both Throw: Rt Lt

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### Waiver of Liability, Release, Assumption of Risk & Indemnity Agreement

The Participant and/or participant's parent(s)/guardian(s) acknowledge, understand and assume all risks inherent with participating in this program/tryout.

I, the parent/guardian of the above listed player, hereby give my consent for their participation in "Shrewsbury Colonials" program/tryouts. Also, I hereby release, indemnify and agree to hold harmless "Shrewsbury Colonials" and any of its directors, officers, coaches, agents, affiliates, sponsors, and associated personnel against any legal claim by or on behalf of the participant as a result of participation in the program. I also give my consent for all medical care prescribed by a medical doctor, EMT or nurse to preserve the physical well-being of my child.

\_\_\_\_\_  
Parent/Legal Guardian Signature Date

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*"It's hard to beat a person who never gives up!" —Babe Ruth*

**Send completed registration to Mike Marshall (by email):**

**Colonials.marshall@gmail.com**

**(617) 429-0153**



# Shrewsbury Colonials AAU Baseball Program

The Shrewsbury Colonials AAU baseball program had another successful season in 2018. There were 3 teams (12U, 13U, 14U) that played in the New England AAU league and they were all competitive. The 14U team finished an incredible season by winning the championship in the Super/Diamond division! In 2019, there will be a 13U and a 14U team. Indoor training will continue to be at Hit Quarters from January through March and we will look to incorporate a complete program with pitching and hitting instruction from qualified instructors. There will be double headers each Saturday and/or Sunday between late March into early July for a 25-30 game schedule, including tournaments. This allows the boys to play in a highly competitive environment with **little to no interference with the town baseball league.**

The Colonials 2019 13U and 14U teams plan to hold tryouts on Saturday, July 21<sup>st</sup> at 9:00am on the Upper Dean Field. Players will be evaluated for available roster spots and notified of results shortly thereafter. Please see the attached registration and waiver forms for more information on the teams. If you have a conflict with the tryout date, we will schedule an additional day/time for a make-up session.

If you are interested in the 2019 13U team tryout, please contact Chris Marques at [chris.marques@allscripts.com](mailto:chris.marques@allscripts.com)

If you are interested in the 2019 14U team tryout, please contact Mike Marshall at [colonials.marshall@gmail.com](mailto:colonials.marshall@gmail.com)